

DR. M.K.K ARYA MODEL SCHOOL  
MONTHLY PLANNER  
CLASS -U.K.G  
July - 2018



Theme of the Month  
"Healthy Food"



What's happening in the classroom?

**WEEK - 1**

July 2,2018 to July 7,2018  
English: Words ending with ad , am  
Phonic Primer : Pg. 24 - 26  
Hindi: दोवर्णोकिशब्दऔरश्रुतलेख  
Concepts :  
Shabd Ragini: Pg. 19 ,20  
Maths: AUP Worksheet : Pg. 11 - 15  
G.K. : Pg. 4 Art : Pg . 7

**WEEK - 2**

July 9,2018 to July 13,2018  
English: Words ending with ap , ay  
Phonic Primer : Pg. 27 - 32  
Hindi: दोवर्णोकिशब्दऔरश्रुतलेख  
Shabd Ragini Pg. 20  
Maths: counting (151 - 180)  
AUP Worksheet : Pg. 16 - 19 )  
G.K. : Pg. 7 Art: Pg. 8

**WEEK - 3**

July16,2018 to July 21,2018  
English:Concepts : RhymingWords,  
Name the picture, Solve the puzzle  
Hindi: दोवर्णोकिशब्दऔरश्रुतलेख , Shabd  
Ragini Pg. 20  
Maths: Counting (181 - 200 ) AUP  
Worksheets : Pg. 20 - 23  
G . K. : Pa . 8 Art : Pa. 9

**WEEK - 4**

July 23,2018 to July 31,2018  
English: Circle the correct word  
,Rearrange the Jumbled Words  
Hindi:दोवर्णोकिशब्दऔरश्रुतलेखShabd Ragini :  
Pg. 21 - 23 Maths: Reverse  
Counting 30 - 1 ,  
What comes after & betweenG.K.:  
Pg. 7, 8 Art : Pg. 10

**Rhyme Time**

**Vegetables**

Tomato makes your cheeks red ,  
Carrot makes you jump ahead ,  
Spinach makes you very strong,  
Peas make you dance along ,  
Eat your vegetables everyday,  
And you will always be happy & gay.

**फलों का संसार**

फलों का देखो ये संसार,  
इनमे है ताकत का भंडार ,  
संतरा मौसमी तरबूज अंगूर,  
शक्ति देते हैं भरपूर ,  
केला पपीता और अमरुद,  
खाने को है दिल मजबूर ,  
स्ट्राबेरी चेरी और खजूर,  
बीमारी से हमको रखते दूर ।

## Healthy Food

Q1. Name any three healthy food .

Ans. Milk ,fruits and vegetables .

Q2. Name any five fruits .

Ans. Apple,mango ,banana , grapes and pear .

Q3. Name any three juicy fruits .

Ans. Orange , watermelon and grapes .

Q4. Name any four fruits that have many seeds .

Ans. Apple , papaya ,orange and watermelon .

Q5. Name any five vegetables .

Ans. Tomato ,potato, onion , carrot and capsicum .

Q6. Name any three green vegetables .

Ans. Peas ,capsicum ,ladyfinger .

Q7. Name any two green leafy vegetables .

Ans. Spinach and cabbage .

Q8. What type of food should we eat ?

Ans. We should eat healthy food .

Q9. Why should we eat healthy food ?

Ans. We should eat healthy food to keep us strong & healthy .

Q10. Name any five junk food items.

Ans. Chips , chocolates ,cold drinks , pizza , burger , noodles .

Q11.Should we eat junk food ?

Ans. No , it is not good for health .



## Activities

**Note : Please help your child perform well in the activities.**

- **English Elocution Activity**(*This activity will be held on July7,2018 .* )
- **Healthy Food Basket and Junk Food Bin Activity**(This activity will be held on July 13,2018 . Please send five pictures of healthy food items and junk food items on July 13,2018 .)
- **Object Parade Activity** (In this the child has to speak about any one of its favourite object. It may be a toy or any other object of choice.Kindly prepare your ward to speak at least seven to ten sentences about it .This activity will be held on July21,2018. The child be marked on the following parameters.

<b>Pronunciation</b> (3 marks)	<b>Fluency</b> (3 marks)	<b>Overall Confidence</b> (4 marks)
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**Please send the 'object' alongwith the child on July21,2018.**

